

READING GUIDE: JOURNEY TO ANTARCTICA: THE WHITE CONTINENT

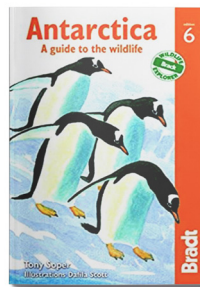
Here's a selection of new, favorite and hard-to-find books, prepared for your journey with the Lindblad and National Geographic field staff. To make purchases, we recommend reaching out to your local independent bookseller.

ESSENTIAL

Antarctica, A Guide to the Wildlife

by Tony Soper
2013, Paper, 160 Pages

Designed for the field, this compact handbook features all the species of birds, seals and whales the traveler is likely to encounter on an Antarctic voyage.

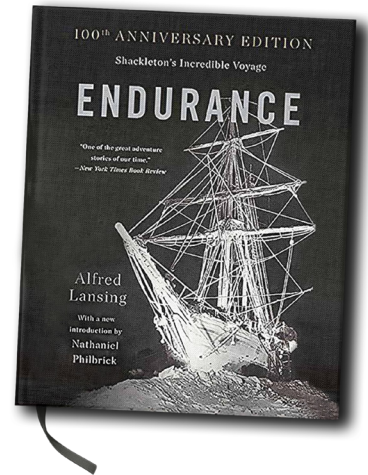


ESSENTIAL

Endurance, Shackleton's Incredible Voyage

by Ocean Explorer
2015, Hard Cover, 416 Pages

Lansing's gripping day-by-day story of Shackleton's legendary perseverance is essential reading for any Antarctic traveler. This 100th anniversary edition is outfitted with maps, an expanded selection of Frank Hurley's photographs and an introduction by Nathaniel Philbrick.

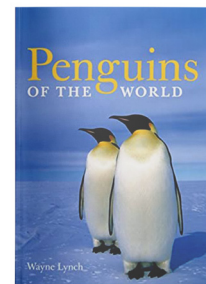


ESSENTIAL

Penguins of the World

by Wayne Lynch
2007, Paper, 176 Pages

Lynch weaves delightful tales of penguins, their habitats and habits, with hundreds of glorious full-color photographs.

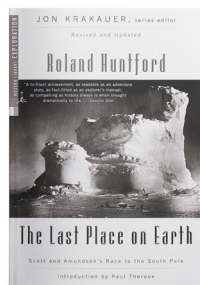


ESSENTIAL

The Last Place on Earth, Scott and Amundsen's Race to the South Pole

by Ron Roland Huntford
1999, Paper, 576 Pages

Igniting huge controversy when it first appeared, Huntford's rousing dual biography contrasts Amundsen's well-planned campaign to achieve the Pole with Scott's ill-fated quest.



ESSENTIAL

Antarctic Explorer Map

by Ocean Explorer
2009, Map

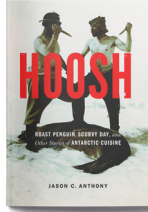
A full-color map of the Antarctic Peninsula, including Tierra del Fuego, the Falklands and South Georgia, at a scale of 1:2,750,000. With a map of the Antarctic continent on the reverse.



Hoosh: Roast Penguin, Scurvy Day, and Other Stories of Antarctic Cuisine

by Jason C. Anthony
2012, Paper, 286 Pages

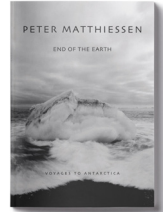
Antarctic traveler Jason Anthony tells the story of the continent's exploration through the celebrated 'hoosh' of early days and other polar fare. history, geology, wildlife and future of Antarctica.



End of the Earth, Voyaging to Antarctica

by Peter Matthiessen
2004, Paper, 242 Pages

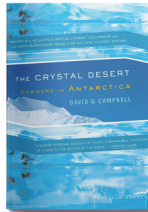
In this fine book, the result of two voyages, Matthiessen captures the magic of polar landscapes and wildlife, along with the camaraderie of a ship-based polar expedition.



The Crystal Desert

by David Campbell
2002, Paper, 308 Pages

A biologist with the heart of a poet, Campbell focuses on the fossils, glaciers and wildlife of the Antarctic Peninsula in these vivid essays.



Antarctica, A Call to Action

by Sebastian Copeland
2008, Hard Cover, 96 Pages

Copeland's collection of striking photographs includes a three-page list of sensible suggestions to protect the planet.



The Heart of the Great Alone: Scott, Shackleton and Antarctic Photography

by Sophie Gordon, David Hempleman-Adams, Emma Stuart
2009, Hard Cover, 240 Pages

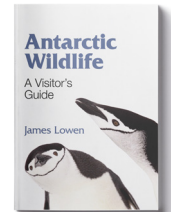
Here in one handsome book are hundreds of haunting photographs by Herbert George Ponting and Frank Hurley, drawn from the albums they created during the two most famous Antarctic explorations. The stunning images are accompanied by lively essays, maps, paintings and other ephemera from the Royal Collection.



Antarctic Wildlife

by James Lowen
2011, Flexi-Bound, 240 Pages

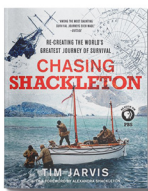
Produced by a shipboard naturalist, this handy identification guide focuses on the Beagle Channel, Drake and Peninsula regions.



Chasing Shackleton

by Tim Jarvis
2014, Hard Cover, 272 pages

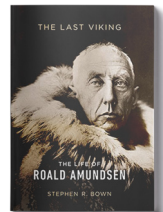
In this unique memoir of adventure and discovery, based on the PBS documentary, veteran polar explorer Tim Jarvis retraces for the first time the epic 1914 expedition of Sir Ernest Shackleton in his inspiring attempt to cross the Antarctic continent.



The Last Viking, The Life of Roald Amundsen

by Stephen R. Bown
2013, Paper, 356 Pages

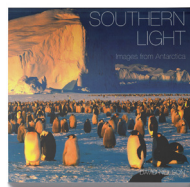
Bown plumbs newspaper archives, Amundsen's own words and contemporary accounts for this tale of the unusual and hugely accomplished explorer, first to the South Pole, first across both the Northeast and Northwest passages and a pioneer of polar aviation.



Southern Light, Images from Antarctica

by David Neilson (Photographer)
2013, Hard Cover, 306 Pages

Neilson has turned his six journeys to the ice (sometimes lugging a 30-pound large format camera), into a coffee-table tribute to the continent and its wildlife. Includes 130 color and 100 rich black-and-white oversized photographs.



Melting Away, Images of the Arctic and Antarctic

by Camille Seaman
2014, Hard Cover, 160 Pages

In her masterful series of 75 portraits and essays, Camille Seaman shows how climate change has wreaked havoc on both the North and South Poles.

